

**PRESS RELEASE FROM LEGISLATOR
STEVE STERN**

FOR IMMEDIATE RELEASE:
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LEGISLATOR STEVE STERN URGES ADULTS TO GET SEASONAL FLU SHOTS

New Vaccine Protects Against Seasonal Flu & H1N1



HUNTINGTON, NY - Suffolk County Legislator Steve Stern (D-Huntington) 16th LD, Chairman of the Veterans & Seniors Committee, is urging all those at high risk of serious influenza and complications and those whose occupations make them likely to spread influenza, to get flu shots. The flu is responsible for an average of 36,000 deaths a year in the United States and all high-risk patients should be immunized. Those who should be immunized include people 65 years and older, residents of long-term care facilities, people with heart, lung, kidney, metabolic disease, asthma and certain blood disorders, people with swallowing disorders, immuno-suppressed persons, pregnant women, caregivers for children 5 and under and doctors, nurses and hospital personnel. The Suffolk County Health Department is offering the flu vaccines at no cost to traditional Medicare enrollees or Medicaid recipients and for \$37.00 for others. Additionally, the Health Department is offering pneumococcal vaccines at no cost for those eligible and at \$25.00 for others. These vaccinations will provide protection against H1N1 type A influenza. "It is particularly important, not just for seniors, but for all those who are vulnerable to be immunized against the flu. This is a simple precaution that can prevent serious illness and even death," said Legislator Stern.

Please note the following dates and locations for flu vaccines:

- October 6 from 10:00 a.m.-12:00 p.m. at the Suffolk Y-JCC 74 Hauppauge Road, Commack
- October 13 from 10:00 a.m.– 12:00 p.m. at the Senior Nutrition Center, 423 Park Avenue, Huntington
- October 15 from 10:00 a.m.- 12:00 p.m. at the Town of Babylon Senior Center 438 Spangle Drive, North Babylon

- October 28 from 1:30 p.m. -3:30 pm at the Commack Public Library - 18 Hauppauge Road, Commack

Please bring proof of Suffolk County residence and a check payable to the Suffolk County Health Department. For further information and additional locations and times please visit the Health Department website, www.suffolkcountyny.gov/health or call 853-8405.